

## THE LIST OF LABORATORY AND INSTRUMENTAL ANALYSIS FOR SURGERY UNDER GENERAL ANESTHESIA

The validity of laboratory and instrumental analysis is not more than 10 days

The laboratory and instrumental analysis results must be in Russian on official forms with seals. We recommend to undergo medical examination at the IPSC (Institute of Plastic Surgery and Cosmetology), you can make an appointment by phone number: +7 495 775 01 02

- Complete blood count (CBC)
- Urine analysis
- Blood tests for Hepatitis B, Hepatitis C, HIV, Syphilis
- Coagulogram (Clotting Time, APTT, INR, Prothrombin Index)
- Blood chemistry (Glucose, Total Protein, Total Bilirubin, Direct Bilirubin, ALT, AST, Alkaline Phosphatase, Creatinine, Urea, Potassium, Sodium)
- ABO group in Blood, Rh- factor
- Test for COVID-19 (PCR Testing) – get tests 3 days before the date of surgery
- CT Lung Screening- get tests 3 days before the date of surgery
- ECG (Interpretation)
- Phlebologist consultation and Ultrasound Screening of the veins of the lower extremities
- The therapist's conclusion (based on examinations)
- Blood test on 25-OH vitamin D total

For RINOPLASTICS in addition:

- CT scan of the paranasal sinuses
- Otorhinolaryngologist consultation

For MAMMOPLASTY in addition:

- Breast Ultrasound Screening
- Mammologist consultation

For quality control, please send the test results by e-mail in advance: [info@platidental.ru](mailto:info@platidental.ru)

For patients who have surgery at the address: Lyalin Lane, 21, building 2, you must make a prepayment of 30% of the surgery cost not later than 10 days before the surgery. You can pay on the website [www.platidental.ru](http://www.platidental.ru) or in the cashier's office of the clinic. For patients who have surgery at the IPSC (tel. +7 495 775 01 02) -you must make a prepayment not later than 10 days before the date of surgery at the address: Olkhovskaya str., 27. If the operation is cancelled not for medical reasons or extraordinary circumstances, prepayment is not refundable. If there is no prepayment, the operation is canceled.

Important information in preparation for surgery:

- Completely exclude food and liquid intake 6 hours before surgery
- For women: exclude use of any oral contraceptives 10 days before the operation
- Tell anesthesiologist if you have previously had a spinal surgery or if you have had an injury to this area
- Take comfortable clothing with you that does not need to be pulled over your head to avoid touching postoperative dressings. Everything you need for the surgery, including hygiene items, we will carefully prepare for you ourselves at no additional charge
- Please do not forget your passport on the day of the surgery

Postoperative information:

- Discharge time - 09 a.m. the next day. In case of extension of stay, day-care hospital is paid
- The cost of the surgery includes: 3 postoperative examinations with dressings and 3 sessions of magnetotherapy. Subsequent examinations and procedures are assigned according to indications and are paid according to the price list

Postoperative recommendation:

- Mode. Physical, visual, chewing rest. Limitation of physical activity depending on the type of surgery. Limited of physical activity depending on the type of surgery
- Exclude thermal procedures (hot shower, hot bath, bathhouse, sauna, solarium)
- Antibiotics: one of a group of drugs (Amoxicillin and Clavulanic Acid, Azithromycin, Ciprofloxacin)
- Painkillers (Ketorol, Baralgin, Maxigan)
- Probiotics (Linex Forte, Bifiform)
- Antimicrobials drugs (Metronidazole, MetrogylDenta)
- Eye drops Tobradex, Cornergel (blepharoplasty)
- Rinsing oral cavity with an antiseptic solution (aqueous Chlorhexidine, Miramistin) according to indications

